

**OPEN FROM 8 EVERYDAY**



*Serving ...*

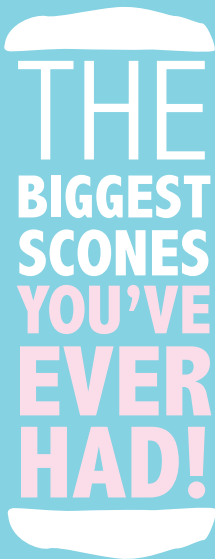
KESWICK'S  
**BIGGEST  
& BEST BREAKFAST**



**PICK  
& MIX** SALAD POTS

THE HOME OF CUMBRIA'S  
**PLOUGHMANS  
SAUSAGE ROLL**

**THE  
BIGGEST  
SCONES  
YOU'VE  
EVER  
HAD!**



*Freshly Made*  
**WRAPS  
PANINIS  
BAGUETTES**

**FOOD FOR PICNICS**

**CAKES  
& SLICES**



**ALL MADE ON THE PREMISES**

FOR ORDERS CALL **017687 75050**  
OR VISIT OUR SHOP **43 MAIN STREET, KESWICK**

**FAMILIES WELCOME** WE LOOK FORWARD TO SEEING YOU

*Cup Cakes for Parties • Birthday Cakes • Hampers*

# Breakfast

Served until Lunchtime



Our Bacon is Local Smoked Back, Sausages are Cumberland and our Eggs are Free Range laid in Stainton, 16 miles away.

## Full English

2 Bacon, 2 Sausages, Fried Egg, Field Mushrooms, Beans, Baked Tomato, Toast, Small Americano Coffee or Tea and a Glass of Orange Juice ..... **£7.50**

## Vegetarian

2 Eggs, Field Mushrooms, 2 Baked Tomatoes, Beans, 2 Toast, Small Americano or Tea and a Glass of Orange Juice ..... **£6.95**

2 Eggs, 2 Bacon on Toast ..... **£4.95**

Scrambled Eggs on Toast ..... **£4.75**

Beans on Toast ..... **£4.25**

Mushrooms on Toast ..... **£4.25**

2 Sausages, 2 Bacon and Egg Baguette ..... **£3.95**

Bacon Baguette ..... **£3.75**

Sausage Baguette ..... **£3.95**

Bacon and Mushroom Baguette ..... **£3.95**

Mushroom and Fried Egg Baguette ..... **£3.75**

Bacon Roll ..... **£3.25**

Bacon and Egg roll ..... **£3.50**

Bacon Sandwich ..... **£3.00**

Extra Sausage ..... **50p**

Extra Bacon ..... **40p**

2 Toast and Jam, Marmalade or Marmite ..... **£2.50**

Porridge with Cream and Brown sugar ..... **£2.95**

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# Lunch

*Soup, Favourites, Jacket Potatoes*



## Freshly Made Soup of the Day

usually 2 choices – (with Meat / Vegetarian / Gluten Free)

With Crusty Bread and Butter .....	<b>£4.50</b>
With Garlic Bread .....	<b>£4.75</b>
With a Sandwich .....	<b>£5.25</b>
With a Panini .....	<b>£5.50</b>
With a Baguette .....	<b>£5.50</b>

Gluten Free Bread Available

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## Our Favourites

Homemade Sausage Roll .....	<b>£2.75</b>
Homemade Sausage Roll, ½ Jacket potato and Salad .....	<b>£5.25</b>
Pizza Bread (see counter) .....	<b>£2.75</b>
Pizza Bread with Salad .....	<b>£4.50</b>
Hot Baked Wraps (see counter) .....	<b>£3.50</b>
Hot Baked Wrap with Salad and Coleslaw .....	<b>£5.25</b>
Homemade Lasagne, Salad and Garlic Bread .....	<b>£5.75</b>
Quiche of the Day, Salad and ½ Jacket Potato .....	<b>£5.50</b>

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## Oven Baked Jacket Potatoes

One filling	Two Fillings
<b>£5.50</b>	<b>£5.75</b>

Baked with Olive oil and salt and pepper, served with salad and homemade coleslaw, choose from

Baked Beans, Tuna, Cheese, Coleslaw,  
Roasted Rosemary Vegetables, Cheddar,  
Sweet Chilli Chicken, Coronation Chicken

# Lunch

*Salads, Baguettes & Panini*



## Salad Bowls

Served with Crusty Bread and Butter, Mixed salad leaves, chopped tomato and cucumber, home made coleslaw

Chicken Breast, Caesar Dressing and freshly grated parmesan .....	£5.50
Chicken and Bacon, Balsamic Dressing .....	£5.50
Tomato, Fresh Mozzarella and Green Pesto .....	£5.50
Roasted Rosemary Vegetables, Feta Cheese, Balsamic Dressing .....	£5.50

## Freshly Baked Baguettes

White or Multiseed, served with salad and coleslaw

Our own Roasted Ham .....	£4.75
Roast Topside of Beef .....	£4.75
Mature Cheddar Cheese .....	£4.65
Egg Mayonnaise .....	£4.50
Chicken and Green Pesto Mayonnaise .....	£4.75
Brie and Grape .....	£4.75
Sweet Chilli Chicken .....	£4.95
Tuna Mayonnaise .....	£4.65
Extra Filling .....	50p
With Red Onion Marmalade, Cumberland Chutney, English Mustard, Spicy Tomato Chutney, Jalapeno Jam .....	30p

## Panini

– **Grilled Italian Bread filled with cheese and meats**

served with salad and coleslaw

Tuna and Mozzarella .....	£4.95
Roast Mediterranean Vegetables and Feta .....	£4.95
Bacon, Brie and Red Onion Marmalade .....	£5.50
Roast Ham and Applewood Cheddar .....	£5.50
Sweet Chilli Chicken and Mozzarella .....	£5.50
Tomato, Mozzarella and Pesto .....	£4.95
Goats Cheese, Red Pepper and Red Onion Marmalade .....	£5.25
Sausage, Cheddar Cheese and Chilli Jam .....	£4.95

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# Desserts & Kids

Scones, Cakes, Little People



## Scones, Cakes, Tea Cakes and Crumpets

Fruit Scone with Butter .....	£2.50
Fruit Scone with Butter and Jam .....	£2.50
Fruit Scone with Jam and Clotted Cream .....	£2.65
Cheddar Cheese Scone with Butter .....	£2.50
Toasted Tea Cake with Butter and Jam .....	£2.25
Hot Buttered Crumpets .....	£2.25
Cheesy Crumpets .....	£2.75
Tiffins	
Please see Counter as the flavours are always changing! ..	£1.95
Flapjack .....	£1.85
Sheep Shortbread .....	£1.75
Rocky Sheep .....	£1.75
Shortbread .....	£1.50
Cakes	
Please see Counter to see what we have made! .....	£misc

## Little People

Please feel free to order for your little ones first, we can be making this while you are deciding for yourselves, especially if they are really hungry !!

½ Jacket Potato, Beans, Cheese or Tuna .....	£4.25
Simple Sandwich , Cheese, Ham, Jam or Tuna .....	£4.25
Bowl of Soup and Crusty Bread .....	£4.25
Beans on Toast .....	£4.25
Little Breakfast (up until lunch only) .....	£4.25
with Grapes and Cucumber Sticks and a Capri Orange / Apple Juice Drink	

# Drinks

Hot 'n' Cold



## Hot Drinks

	Small	Medium	Large
Pot of Tea – you're welcome for a top up! .....			<b>£1.75</b>
Earl Grey .....			<b>£1.75</b>
A selection of Fruit and Herbal Teas – please ask to see our selection .....			<b>£1.75</b>
Decaffeinated Tea .....			<b>£1.75</b>
Americano .....	<b>£1.90</b>	<b>£2.10</b>	<b>£2.65</b>
Latte .....	<b>£2.10</b>	<b>£2.30</b>	<b>£2.80</b>
Cappuccino .....	<b>£2.10</b>	<b>£2.30</b>	<b>£2.80</b>
Mocha .....	<b>£2.10</b>	<b>£2.30</b>	<b>£2.80</b>
Espresso .....			<b>£1.45</b>
Double Espresso .....			<b>£1.80</b>
Syrups – Vanilla, Caramel, Gingerbread, Mint, Almond, Chai, Toffee, Chocolate .....			<b>£50p</b>
Hot Chocolate – Plain .....	<b>£2.30</b>		<b>£2.80</b>
Hot Chocolate – Whipped Cream and Marshmallows .....	<b>£2.45</b>		<b>£2.95</b>

## Cold Drinks

Lakeland Water – Still / Sparkling .....			<b>£1.50</b>
Orange Juice .....			<b>£1.50</b>
Apple Juice .....			<b>£1.50</b>
Diet / Regular Coke .....			<b>£1.30</b>
7 Up .....			<b>£1.30</b>
Ice Tea .....			<b>£1.75</b>
Drench Drinks, Orange and Passion Fruit / Cranberry and Raspberry / Blackcurrant and Apple .....			<b>£1.75</b>
Crabbies – Ginger Beer, Lemonade, Raspberry .....			<b>£1.95</b>
Milkshake with whipped Cream, Chocolate, Strawberry or Banana .....			<b>£1.65</b>
Capri Sun, Apple or Orange .....			<b>£1.25</b>

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